



New to gFree? Here's what to do:

1. RELAX

Welcome! We're glad you are here. Make yourself comfortable. Grab some coffee and a snack. Restrooms are down the hall on the left. A family bathroom is beyond the double doors on the right.

2. Know YOUR KIDS ARE IN GOOD HANDS

Programs for birth through 5th grade are available at both services

This is a great place for children to learn about Jesus! Our team of volunteers have been fully screened and cleared, so you can enjoy a worry-free worship time.

- Meet our volunteers with your children at the check-in station located at end of the hall.
- You will be given a security tag.
- One of our volunteers will escort children to their classroom.
- Bring your security tag to the station to pick-up your children. We cannot release children to find you.

3. FILL OUT the CONNECTION CARD

Help us connect with you. Fill out as much as you feel comfortable sharing on your Connection Card. Drop it in an offering basket located near the exit doors of the Worship Room.

4. PICK UP YOUR GIFT!

If this is one of your first times at gFree, we want to offer you a gift. Pick up your gift from the shelf as you exit the building today. We hope you had a great time!

WHAT'S HAPPENING 09/01/2024

Baptism Room Prep – Need a few hands to help set up on **Thursday**, September 5th for Baptism Sunday. Re-setting the chairs and setting up the tub. Sign up on your CC

Back to Church Sunday – Sunday, September 15th. Special invitation day to invite friends and family as we look to be a church where people can get started again with church. Who are you going to invite?

Women's Event- Kayaking at Black Moshannon State Park Thursday, September 5th @ 5:30pm. We will have extra kayaks, but let us know if you need one. We'll have someone to give instruction if you've never kayaked before. If you don't want to kayak, bring a lawn chair and hang out by the water. We'll have smores and provide water. Rain date Sept 12th. Sign up on your connection card.

Ladies Game Night at Windy Hill - Tuesday, September 17th from 6pm-8pm. Join us as we spend an evening playing games with the Residents. Bring a game and a snack to share. We'll meet at the building behind the nursing home. Sign up on your Connection Card or call/text BJ at 814-553-5185.

Ladies Workout - Restarting Sept 4th - Mondays & Wed at 7 pm. All fitness levels welcome. Enter thru door #10. Get & stay healthy!

Membership Class – Monday at 6:30pm starting September 2nd or Saturday at 9:30am starting September 7th. The classes will run for three weeks. Sign up on your Connection Card.

Connection Card

09/01/2024

- I am a:
- 1st time guest
 - 2nd time guest
 - Regular Attendee
 - Member

Name _____

1st time info Email _____

or updated Address _____

City _____ State _____ Zip _____

Best contact phone (____) _____

Please place this card in the offering basket.

★ By entering your cell phone, you will receive church texts about items you signed up for.

How did you hear about us?

- Friend Newspaper
- Facebook Website
- Other _____

**SMALL GROUP
SIGN UP SLIP**

Fill it out and Drop it in the offering baskets at the door.

Name: _____

Provide your contact info on your Connection Card, if you haven't already



- Sundays @ 5:30 at church - Noel & Sherri
- Sundays @ 5:30 at church - Courtney & Annette
- Mondays @ 6:00 at Bomerhi Home - Laura & Holly co-leading
- Tuesdays @ 10AM at church - Noel
- Tuesdays @ 5:30 at Stiner Home - Val & Chris co-leading
- Wednesdays @ 6:00 at church - Mindy & Joe
- Thursdays @ 7:00 at Bakers Home - Jeff & Alice co-leading
- Saturdays @ 9:00AM at church - Alicia & Traci

★ Additional groups may get added too.
★ Space is limited, so sign up soon.

09/01/2024



emotionally healthy
SPIRITUALITY



It is impossible to be spiritually mature when we are emotionally unhealthy. Lurking underneath our behaviors are places that need resolved and transformed. When left unaddressed, little change or victory is possible. When we learn the spiritual practices of slowing down and quieting ourselves before Jesus for real relationship, a revolution happens in our spiritual life.

EHS is an 8 week series and small group study that will walk us through developing these practices in our life to bring health and spiritual maturity to our emotional lives and relationships.

Small groups are 7-12 people who gather weekly to study and discuss a topic and how to apply it to their lives. They encourage and pray for one another. It's where growth happens!

SNEAK PEEK: Want to know more before signing up? Join us for a 30 min preview to see more and ask questions.

- Sep 3rd - Tuesday @ 7:00pm
- Sept 8th - Sunday after services @ 10:30a & 12:30p (no child care)
- Sept 12th - Thursday @ 5:00pm
- Sept 14th - Saturday @ 9:30am

Cost: Suggested donation of \$20/person or \$30/couple to cover 3 books.

Commitment: This is not just a general study.

For transformation, plan to make all meetings. A weekly make-up group will be offered.



SMALL GROUP OPTIONS: Join a group by signing up on the slips in the back of the chairs or at Info Booth.

- Sundays @ 5:30 at church - Pastor Noel
- Sundays @ 5:30 at church - Courtney Hubler
- Mondays @ 6:00 at Bomerhi Home- Laura Starnier
- Tuesdays @ 10AM at church - Pastor Noel
- Tuesdays @ 5:30 at Stiner Home - Val Stiner
- Wednesdays @ 6:00 at church - Mindy Parks
- Thursdays @ 7:00 at Bakers Home - Jeff Baker
- Saturdays @ 9:00AM at church - Alicia Swanson

Begin the week of September 22nd.
Groups have limited room so sign up soon!

Find Your Place to Serve at gFree

Check out the general brochure in the back of your chair. Stop at the info booth in the Welcome Room to get more info and to sign up.

Vital opportunities right now:

Children's Ministry - Nursery, Preschool & Elementary

****If you are filling out a serving card please place it in the offering basket****

Youth is back! - Join us at Cold Stream Dam for Ice Cream Sunday, September 8th from 5:30pm -7:30pm for grades 7th-12th.



Drop off/pick-up at Cold Stream Dam

Contact Tracie w/ questions: traci.curtorillo@outlook.com

Prayer Requests:

Requests go to our Prayer Team. If you want it to go to Pastors only please check this box

Connections

I would like to attend the Women's Event - Kayaking on Thursday, September 5th
 I will need a kayak

I would like to attend the Ladies Night at Windy Hill Tuesday, September 17th

I am interested in taking the membership class Monday 6:30pm
 Saturday 9:30am

I can help set-up for Baptism Sunday on Thursday, September 5th